

Services for People Seeking Asylum & Refugees - Bristol area- September 2026

Translated information: <https://bristol.cityofsanctuary.org/what-we-do/bristol-organisations>

Call Migrant Help 0808 8010 503; 24 hours a day 7 days a week



Bristol Refugee Rights

www.bristolrefugeerights.org

info@bristolrefugeerights.org

Wellspring Settlement, 43 Ducie Road, Bristol BS5 0AX

Mondays and Tuesdays from 10am - 1pm **Helpline** - Phone/ WhatsApp 07526 352353. To get support, ask questions and learn more about what we can do to help.

Wednesdays from 10-12.30 **Advice Drop-in Center** – Not open to Bristol IA hotel residents. We can provide advice and information about the asylum and immigration systems and how to access asylum support (money and accommodation from the Home Office).

Thursdays from 10-1 **Welcome Centre Drop-in** social space, hot food, art, games, haircuts, referrals, signposting.

Tuesday, Wednesday, Thursday – Outreach visits to IA hotels in Bristol, supporting with signposting, advocacy and information. Ask in the hotels, at the drop-in, or call the helpline to know which day they will visit each hotel.

Pride Without Borders – social space and specialist casework for LGBTQ+ asylum seekers, ask at the drop-in or the helpline to register.

Red Cross Refugee Support

<https://www.redcross.org.uk/get-help/get-help-as-a-refugee>

Phone 0117 941 5040 Option 1, refugeeservicebristol@redcross.org.uk

Newly Granted Refugee Status: We can help you apply for benefits, housing, bank account, integration loan and travel assistance for people with family reunion visas.

Family Tracing: We may be able to help you look for your family in your home country or elsewhere including UK or Europe. Phone 0117 941 5040 Option 2, cymruswenglandift@redcross.org.uk

Destitution: If you have no income and no other way of getting any, together with other partners in Bristol we may be able to provide you with assistance for a short period of time.



Refugee Women of Bristol

Phone: 0117 9415867

<https://www.refugeewomenofbristol.org.uk/>

info@refugeewomenofbristol.org.uk

Women only Drop-in center Tuesdays from 10:00 – 2:30 pm, term time only, at Easton Family Centre Bristol BS5 0SQ. We are delivering ESOL classes, Well-being activities, breakfast, and lunch.

Our Community Workers provide practical support and advocacy service in community languages (Somali, Arabic and Mandarin).

Mend the Gap team is providing 1-1 and group support to women experiencing domestic violence and other forms of abuse. Call Health and Wellbeing Coordinator for referrals on 07735387820. If you would like to get in touch, please call or email info@refugeewomenofbristol.org.uk.



Borderlands

www.borderlands.uk.com

The Assisi Centre, Lawfords Gate, BS5 0RE

Phone: 0117 904 0479 hello@borderlands.org.uk

Welcome Centre every Monday(10am-1pm) and Tuesday (10am -2pm); offering breakfast, games, Art therapy, haircuts, IT Support, and referrals to other services and support.

Free Groceries every Tuesday between 10:00 -11:30am and **hot food (Halal lunch)** 1:00 - 2:00 pm

Outreach Project -The Outreach project focuses on health and wellbeing in locations around Bristol including IA hotels and other welcome centres. We support with healthcare navigation, sim cards, trips, activities, signposting and referrals to other organisations. Ask in the hotels or call the office to know when the visits take place.

Learning Project - English, maths and poetry sessions offered throughout the week, as well as an intensive ESOL programme run with BRASP partners. Registration is at 10:30 Mondays at the Assisi Centre (Borderlands).

The Mentoring Project provides 1:1 emotional and practical support to asylum seekers and refugees for a period of 6-9 months.

Feel Good Activities – Women's yoga and women's sewing classes every Wednesday. Cooking sessions open to members who want to cook on Mondays. Football for men every Thursday. Rock Climbing open to all members on Thursdays.



Bristol Hospitality Network

www.bhn.org.uk

Easton Family Centre, BS5 0SQ

BHN provides services to asylum seekers and those who have been refused:

Welcome Centre on Mondays from 10-2pm at Easton Family Centre, BS5 0SQ; for advice, social support, breakfast and hot lunch, ESOL, barber, sewing, volunteering, games.

We also provide **hosting and solidarity payments for destitute refused asylum seekers**, depending on the individual case and if we have space. Referrals accepted from partner organisations, or self-refer by visiting the Welcome Centre on Mondays, or e-mail Hello@bhn.org.uk.



Aid Box Community Hub and Freeshop

www.aidboxcommunity.co.uk

Address: St Bart's Parish Hall, Sommerville Road, BS6 5BX

Phone: 0117 336 4411

Welcome Hub - A drop-in space where you can socialise, relax, and drink.

Free Shop choose free clothes, toiletries, kitchen items, household items and other essential things.

Open Monday - Friday 10.30 - 3.30pm

Email - freeshop@aidboxcommunity.co.uk

Activities and holiday trips— weekly time table of activities including football, swimming, social groups, Womens sports, English conversation and ESOL. for activities: Email: sara@aidboxcommunity.co.uk

Weekly Activity Groups - include a Women's Group, Men's Football, Women's Multi-sports, English (ESOL) classes, and holiday trips for individuals and families. **For more information**, contact sara@aidboxcommunity.co.uk

Befriending Programme - Connections – matches people seeking asylum and refugees with local people for friendship. Want to make a new friend? Contact Naomi for more information - naomi@aidboxcommunity.co.uk



Project MAMA

www.projectmama.org

Venue: 39 Seymour Road, BS5 0UW. We are in "Muller Hall"

Mother Companions Project: provide nurturing, one-to-one support around pregnancy, birth and early parenting. They offer space to unpack wishes, worries, and ensure Mamas have the information they need to make their own evidence-based choices and navigate the UK maternity and understanding healthcare rights. Referrals can be made via our website.

MAMAHub: These community groups are a space for mamas to meet and support each other, enjoy activities, and access information.

- **Play & Grow:** Every Wednesday (term time) 10am -12pm, for mamas with children 0 -5 years old.

- **Bumps & Babes:** Every Friday (term time) 11am - 2pm, for pregnant women and mamas with babes under 18 months.

We reimburse bus fares.

The Haven

www.sirona-cic.org.uk/nhsservices/services/the-haven/

The Haven is a specialist health service for asylum seekers and refugees, based inside **Montpelier Health Centre, BS6**

5PT Phone: 0300 124 6875, the.haven@nhs.net

We assess and meet health needs of asylum seekers and refugees across Bristol, North Somerset and South Gloucestershire. We also help people to access health services and other services they need. Access to the service is by referral either phone or email and clinics are open Monday to Friday 8:30 am to 4 pm.



Bridges for Communities www.bridgesforcommunities.com info@bridgesforcommunities.com

Easton Family Centre, BS5 0SQ

Bridges runs a number of programmes that help people who are seeking sanctuary to connect with their local communities. These include Befriend, which matches asylum seekers with a local volunteer, Walk With Me, Stitching Together, Resettlement Support, Peace Feasts and other one- off events and trips.



Bristol Refugee Festival

www.bristolrefugeefestival.org Info@bristolrefugeefestival.org

Docklands Community Centre, St Pauls, BS2 8UA.

We coordinate year round programme of events and activities, with an annual Festival each June to connect refugees and asylum seekers to their local communities and showcase their talents and contributions to the city.